

How to reset your mindset for success

Hook

15s

The Bible say in Joel 3:10: Let the weak say: I am strong

Imagine a life where success in business, health, family life, pastoring a new church is within reach, **but your mindset is the only barrier.**

If you have the right mindset, everything is possible (Luke 1:37)

Introduction

15s

Hi, I am Rev. Michael Angel and I have experienced first hand how important the mindset is in achieving success in different areas in my life.

Presentation of Problem/Challenge

1m

If you Are tired of letting self-doubt, fear of failure, and limiting beliefs hold you back from reaching your full potential?

In this video, I'll share practical strategies to overcome these common mindset obstacles and unlock your true power!

Exploration/Development

1m

Are you ready to transform your mindset and unlock your full potential?

In this teaching today, I'll be sharing practical tips and strategies to help you reset and cultivate a positive and growth-oriented mindset like never before.

Climax/Key Moment

1m

My story

I was admitted to the heart hospital as an emergency 3 years ago.

My heart was very weak and I was very sick.

Many things were wrong, and the doctors told me I needed several heart operations.

What the doctors told me created fear and depression in my mind.

I started to doubt what the Bible said, and I felt very depressed.

After I told my wife what the doctors had said, we agree to tell the doctors that we would think about it, and talk with my wife about it.

Me and my wife started to ask God, give us wisdom so we know what to do.

The Lord spoke to my wife: It is better to put your life in God's hand than in the hand of people (2 Samuel 24:14)

I left the hospital 3 years ago, and the Lord has been faithful.

I renewed my mind by speaking healing to my body: **by the stripes of Jesus I am healed, I am stronger and stronger day by day.**

I will live a long and blessed life.

I will live and not die!

God will give me wisdom for what to do.

These are some of the declarations I say every day, many times a day. Day after day, until I started to have heavenly peace in my mind.

This is just one example of the transformative power of a reset mindset.

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Let us go on to the main message for today.

We have two kind of attitudes

- 1. Default attitude**
- 2. Deliberate attitude**

Default attitude

Your default attitude is the way you automatically respond to situations without even thinking.

It shapes your perceptions, decisions, and actions on a daily basis.

Some of the default attitudes can be:

- I am poor, there is no hope for me because I was born poor.

- I have inherited my father's or mother's angryness, so I can not change.
- I am sick and I do not have money for proper medicine or even a good doctor.
- I can't get a job, because I do not have money for education.

These are only a few examples of default attitudes.

By being aware of your default attitude, you can start to make conscious choices that align your attitude with your goals.

Don't let negative default attitudes hold you back from achieving success.

What are some default attitudes you've noticed in yourself? Share in the comments!

Deliberate attitude

Stop whatever you are doing and pay attention to this: **mastering a deliberate attitude can change your life.**

A deliberate attitude means making conscious decisions and taking intentional actions towards your goals.

Keywords to remember: focus, determination, purpose.

By cultivating a deliberate attitude, you can increase productivity, achieve success, and improve overall well-being.

Decide that you will take the first step today towards a more intentional and fulfilling life.

Why do you think about what the Bible says in Joel 3:10: Let the weak say: I am strong?

Jesus Curses a Fig Tree

Mark 11:12-14, 20-24

12 The next day as they were leaving Bethany, Jesus was hungry.

13 Seeing in the distance a fig tree in leaf, he went to find out if it had any fruit. When he reached it, he found nothing but leaves, **because it was not the season for figs.**

14 Then **he said to the tree**, “**May no one ever eat fruit from you again.**” And his disciples heard him say it.

20 In the morning, as they went along, they saw the fig tree withered from the roots.

21 Peter remembered and said to Jesus, “Rabbi, look! **The fig tree you cursed has withered!**”

22 “Have faith in God,” Jesus answered.

23 “Truly I tell you, if anyone says to this mountain, ‘Go, throw yourself into the sea,’ **and does not doubt in their heart but believes that what they say will happen, it will be done for them.**

24 Therefore I tell you, whatever you ask for in prayer, **believe that you have received it,** and it will be yours.

Being double minded

James 1:4-8

4 Let perseverance finish its work so that you may be mature and complete, not lacking anything.

5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

6 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind.

7 That person should not expect to receive anything from the Lord.

8 Such a person is double-minded and unstable in all they do.

James writes of the doubting person that he is “like a wave of the sea, blown and tossed by the wind.

That man should not think he will receive anything from the Lord; (because) he is a double-minded man, **unstable in all he does”** (James 1:6–8).

A person that is doubting is a double-minded person.

Jesus was thinking about such a person when He spoke of the one who tries to serve two masters (Matthew 6:24).

He is “unstable,” comes from a Greek word meaning “unsteady, wavering, in both his character and feelings.”

A double-minded person is restless and confused in his thoughts, his actions, and his behaviour.

Such a person is always in conflict with himself.

One torn by such inner conflict can never lean with confidence on God and His amazing promises.

Correspondingly, the term unstable is the same as: to a drunken man unable to walk a straight line, swaying one way, then another.

He has no defined direction and as a result doesn't get nowhere.

Such a person is “unstable in all he does.”

Those who are double-minded do not have the faith spoken of in Hebrews 11:1, 3:

“Now faith is being sure of what we hope for and certain of what we do not see. . . . By faith we understand that the universe was formed at God's command, so that what is seen was not made out of what was visible.”

We cannot be both “certain/ sure” and doubting, as is the double-minded person.

One part of his mind is sure of something, while the other part doubts.

Jesus declared, “No one can serve two masters.

Either he will hate the one and love the other, or he will be devoted to the one and despise the other” (Matthew 6:24).

God and the things of this world are of such opposite natures that it is impossible to love either one completely without hating the other.

Those who try to love both will become unstable in all their ways.

If someone struggles with being double-minded, he or she should read, study, and memorise the Word, for it is the Word of God that we meditate on that produces faith (Romans 10:17).

And he or she should pray for faith.

God freely gives what is good to those who ask Him (Luke 11:9–12),

and it's good to ask for an increase of faith (Luke 17:5; Mark 9:24).

Know what to hate.

In Proverbs 6:16–19 you have a list of what God hates.

Psalm 119:113-120

**I hate double-minded people,
but I love your law.**

114 You are my refuge and my shield;

I have put my hope in your word.

115 Away from me, you evildoers, (negative thoughts)

that I may keep the commands of my God!

116 Sustain me, my God, according to your promise, **and I will live;**
do not let my hopes be dashed.

117 Uphold me, and I will be delivered;

I will always have regard for your decrees (The Word of God).

**118 You reject all who stray from your decrees (The Word of God),
for their delusions come to nothing.**

119 All the wicked of the earth (doubt thoughts) you discard like dross;
Therefore I love your statutes.

120 My flesh trembles in fear of you;

I stand in awe of your laws.(The Word of God)

Spies Sent into Canaan

Numbers 13:1-2, 21-22, 27-31

1 And the Lord spoke to Moses, saying,

2 “Send men to spy out the land of Canaan, which I am giving to the children of Israel;

21 So they went up and spied out the land from the Wilderness of Zin as far as Rehob, near the entrance of Hamath.

22 And they went up through the South and came to Hebron; Ahiman, Sheshai, and Talmi, **the descendants of Anak**, were there.

The report of the spies

27 Then they told him, and said: **“We went to the land where you sent us. It truly flows with milk and honey, and this is its fruit.**

28 Nevertheless the people who dwell in the land are strong; the cities are fortified and very large; moreover we saw the descendants of Anak there.

29 The **Amalekites** dwell in the land of the South; the Hittites, the Jebusites, and the Amorites dwell in the mountains; and the Canaanites dwell by the sea and along the banks of the Jordan.”

30 Then Caleb quieted the people before Moses, and said, “Let us go up at once and take possession, **for we are well able to overcome it.**”

31 But the men who had gone up with him said, **“We are not able to go up against the people**, for they are stronger than us.”

They said: The land is green and fruitful, BUT there are giants

They should have said: There are giants in the land, but we are able to conquer them with the Lord's help, just like Caleb said (verse 30).

Do you see that the words we speak reveal what is in our hearts and minds?

It shows the attitude we are living after.

If you want success in the different area in your life, you have to start speaking according to what God says about you.

Deuteronomy 28:13

I am the head, not the tail

I will always be at the top, not the bottom

I am blessed, not cursed

Luke 6:20-23

20 Looking at his disciples, he said:

“Blessed are you who are poor,
for yours is the kingdom of God.

Say: The Kingdom of God is mine

21 Blessed are you who hunger now,
for you will be satisfied.

Say: I will have good food for all my family

Blessed are you who weep now,
for you will laugh.

Say: I will be happy and laugh

22 Blessed are you when people hate you,
when they exclude you and insult you
and reject your name as evil,
because of the Son of Man.

23 “Rejoice in that day and leap for joy, because great is your reward in heaven (in the spiritual realm)

Say: I am blessed with all heavenly blessings in Christ Jesus.

If you don't start to say/ speak the promises of God, you are leaving everything to the default attitude instead of the deliberate attitude.

Now you have the knowledge on how to get out of poverty, sickness, and live a healthy family life.

This is not an event! This is a process! This is what we have to do every day.

And remember: It's only you who can talk yourself out of the default attitude.

You can talk yourself into winning with a deliberate attitude.

You can talk yourself into the new person that you are in Christ Jesus.

It is now **your responsibility** to share this knowledge to all your friends and contacts.

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