

# **7 Steps to Release Divine Power in Your Life**

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## Introduction

Brothers and sisters, I want to share with you not only what I've learned from Scripture—but what I've lived. After I was born again, I faced a profound spiritual battle that nearly consumed me. But the Lord spoke clearly: "Go to that street in Germany. Stand before every door and say, 'I deny it.'" And so I did. Door after door, I declared my denial of the demonic stronghold that had gripped me for years—specifically, bondage to sexual sin and demonic oppression. It wasn't easy. It felt like wrestling the devil himself. But by the end of that street, something miraculous happened: I was free. Not partially—totally free.

That freedom didn't come from my effort alone. It came through faith in action, empowered by the Holy Spirit, and secured by Christ's finished work. Today, I want to lay out seven biblical pathways that release God's power in your life—not as theory, but as lived truth grounded in Scripture.

### 1. Faith—The Foundation of Divine Power

(2 Corinthians 5:7; Mark 9:23; 1 John 5:4)

The journey into power always begins with faith. Not just intellectual belief, but active, living trust in God's Word. "We walk by faith, not by sight" (2 Cor. 5:7). This means we move forward even when we can't see the outcome—because we believe God's promises are true.

Jesus declared, "If you can believe, all things are possible to him who believes" (Mark 9:23). Notice: it's not "if you feel strong," but "if you believe." Faith is the spiritual conduit through which God's power flows into our circumstances. Hebrews 11:30 reminds us that by faith, "the walls of Jericho fell after the people had marched around them for seven days." No weapons. No strategy. Just obedience fueled by faith.

And 1 John 5:4 says, "Everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith." Your faith is not passive—it is your weapon against fear, temptation, and demonic oppression. When I walked that street in Germany, I wasn't

relying on emotion. I was speaking in faith: “I deny it!” And in that declaration, the chains broke.

Faith gives you supernatural strength—strength beyond human ability. It’s not about how you feel; it’s about what you believe God has already done (2 Cor. 12:9: “My grace is sufficient... my power is made perfect in weakness”).

### **2. Action—Faith Without Works Is Dead**

(James 2:17; Hebrews 11:8; Matthew 12:13; 1 Samuel 17:48)

But faith must move. James 2:17 warns: “Faith by itself, if it does not have works, is dead.” Sitting in your living room, believing God can heal—but never laying hands on the sick—will not release power. Sitting in church, enjoying the comfort of fellowship, but never stepping into the marketplace to testify—will not activate spiritual authority.

Abraham is our model: “By faith Abraham, when called to go to a place he would later receive as his inheritance, obeyed and went, even though he did not know where he was going” (Heb. 11:8). His power came not from knowledge—but from obedience in motion.

Remember the man with the withered hand? Jesus said, “Stretch out your hand” (Matt. 12:13). The miracle happened when he acted. Not before. Not in his mind—but in his movement.

David didn’t wait for an army. He “ran quickly toward the battle line to meet the Philistine” (1 Sam. 17:48). His action released divine strategy and strength.

Miracles follow obedience—not the other way around. You don’t wait for signs; you become the sign. When you act on God’s Word—even quietly, like placing your foot near someone in need and praying in faith—you release heaven’s power (as I once did in a conference, and the boy was healed).

### 3. The Holy Spirit—Your Source of Power, Not Human Effort

(Acts 1:8; Romans 8:26; Ephesians 3:16; 2 Corinthians 3:17)

Many people chase “more anointing” as if the Holy Spirit is a tank they must refill. But if you are born again, you already have the Spirit (Rom. 8:9). You don’t need more power—you need to release the power you already possess.

Jesus said, “You will receive power when the Holy Spirit has come upon you, and you will be my witnesses” (Acts 1:8). This power is not for show—but for witness, freedom, and boldness.

The Spirit doesn’t empower barking, shaking, or theatrical displays. True power is seen in courageous proclamations, healing the sick, and liberating the bound. Acts 4:31 says, “They were all filled with the Holy Spirit and spoke the word of God with boldness.”

The Spirit also strengthens your inner man (Eph. 3:16)—giving you endurance, clarity, and resilience. And where the Spirit is, “there is freedom” (2 Cor. 3:17). That’s why I could break free from demonic bondage: because the Holy Spirit within me carried the authority of Christ.

You don’t need to fast from food to “earn” this power. You need to stop locking the Spirit in the closet—open your heart, obey His promptings, and let Him flow through you.

### 4. Reject False Notions of Power—Fasting Is Not the Source

(Romans 14:17; Isaiah 58:6; 1 Timothy 4:8; Matthew 6:16–18)

Let me be clear: spiritual power does not come from abstaining from food. The kingdom of God “is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit” (Rom. 14:17).

Many teach that fasting from food increases anointing—but that's not biblical. Jesus never said, "Fast and you'll get power." He said, "You will receive power when the Holy Spirit comes upon you" (Acts 1:8).

True fasting, as Isaiah 58:6 reveals, is "to loose the chains of injustice, to set the oppressed free." It's about justice, mercy, and obedience—not skipping meals while ignoring the poor or tolerating sin.

Paul wrote, "Bodily training is of some value, but godliness has value in every way" (1 Tim. 4:8). Denying your body has limited spiritual benefit. What truly empowers you is godliness through faith.

And Jesus warned against performative fasting: "When you fast, do not look gloomy like the hypocrites... but your Father who sees in secret will reward you" (Matt. 6:16–18). The reward isn't in hunger—it's in sincere devotion to God.

Fasting can help quiet your flesh—but it is not the source of power. The source is Christ, through the Spirit, activated by faith and obedience.

### **5. Freedom from Self-Condemnation—Walk in Christ's Finished Work**

(Romans 8:1; 1 John 3:20–21; Hebrews 4:16; Revelation 12:10)

One of the greatest hindrances to power is self-condemnation. When you constantly replay your failures, you build a curtain between you and God—just like the one torn at the cross (Matt. 27:51).

But Romans 8:1 declares: "There is therefore now no condemnation for those who are in Christ Jesus." None. Zero. If you are in Him, your sin has been judged—once and for all.

1 John 3:21 says, "If our hearts do not condemn us, we have confidence before God." Confidence—not shame—is the posture that releases

power. Condemnation steals your boldness. It makes you hesitate when you should pray. It causes you to agree with the enemy's accusations.

Satan is "the accuser of our brothers... who accuses them day and night before God" (Rev. 12:10). But if you agree with him, you surrender the victory Christ already won.

Instead, draw near to God "with confidence" (Heb. 4:16)—not because you're perfect, but because Jesus is. Grace, not guilt, empowers you. Forgiveness, not fear, fuels your authority.

When you walk in this freedom, you can pray with authority, heal the sick, and break strongholds—because you know you are accepted, not because of your performance, but because of Christ's.

### **6. Spiritual Hunger—Feed on the Word and Proclaim Truth**

(Joshua 1:8; Psalm 1:2; Romans 10:17)

Power grows in an atmosphere of spiritual hunger. Not physical hunger—but a hunger for God's Word. "Man shall not live by bread alone, but by every word that comes from the mouth of God" (Matt. 4:4).

You must eat the Word daily. Meditate on it—not like Eastern mysticism, but by letting the Holy Spirit bring Scripture to your remembrance (John 14:26). Read it. Speak it. Proclaim it over your life.

Just as you build physical muscle by lifting weights, you build spiritual muscle by declaring God's truth. Say: "I am healed by His stripes!" (Isa. 53:5). "I am more than a conqueror!" (Rom. 8:37). "Greater is He who is in me than he who is in the world!" (1 John 4:4).

Proclamation is not positive thinking—it's faith in action. When you speak God's Word aloud, you align your spirit with heaven's reality. That's how I broke free: I said "I deny it!" over every door—and over my own soul.

Feed yourself. Starve sin. Pursue righteousness. Then power will flow.

### 7. Deep Fellowship with Jesus—Walk as His Friend

(John 15:15; James 4:8; Psalm 27:4)

Finally, power flows from intimate friendship with Jesus. He said, “I no longer call you servants... but friends” (John 15:15). A servant obeys out of duty. A friend obeys out of love—and intimacy.

Spend time in worship, prayer, and listening. Don’t just talk to God—learn to hear from Him. When He speaks a verse to your mind that aligns with Scripture, that’s the Spirit confirming truth (1 John 2:27).

Like Jairus, who walked “arm in arm” with Jesus to his dying daughter (Mark 5:23–24), walk closely with Christ. He will say to you, “Do not fear; only believe” (Mark 5:36).

Also, surround yourself with believers who build you up (Heb. 10:24–25). If you don’t have that community, go out and build it through evangelism. As you serve others, God will connect you with fellow laborers.

And remember: “Love your neighbor as yourself” (Mark 12:31). The highest expression of power is sacrificial love in action—healing, delivering, and setting others free, just as you’ve been freed.

Conclusion: You Already Have the Power—Now Walk in It. Brothers and sisters, you don’t need more anointing. You don’t need more fasting. You don’t need to beg God for power.

#### You have it.

- Because you are born again.
- Because the Spirit lives in you.
- Because Christ lives in you.

Now, step out in faith.

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- Obey in action.
- Reject condemnation.
- Feed on the Word.
- Walk as Jesus' friend.

And as you do, you'll see what I saw on that street in Germany: total freedom, divine power, and the enemy fleeing before the name of Jesus.

Go—and release heaven on earth.

In Jesus' mighty name, Amen.